



S S S A

SIKH SOCIETY OF SOUTH AUSTRALIA

<http://www.sikhssa.org.au/>



**UPCOMING PROGRAMMES & SIGNIFICANT DATES:**

[Kirtan Darbar Daily](#)  
5:30pm-6:15pm

[Sangrand](#)  
14 May 2020

[Parkash Guru Angad Dev Ji](#)  
24 April 2020

[Parkash Guru Amardas Ji](#)  
6 May 2020

[Gurgaddi Guru Hargobind Sahib Ji](#)  
15 May 2020

[Shaheedi Diwas Sri Guru Arjan Dev ji](#)  
26 May 2020

[Parkash Guru Hargobind Sahib Ji](#)  
6 June 2020

[Sikh Society Facebook](https://www.facebook.com/GurdwaraSahibGlenOsmond)  
<https://www.facebook.com/GurdwaraSahibGlenOsmond>

**PUNJABI SCHOOL**

Classes have started & being held remotely only

email: [psadelade@gmail.com](mailto:psadelade@gmail.com) for information.

May 2020

## President's Message

Waheguru Ji Ka Khalsa  
Waheguru Ji Ki Fateh

2020 will be a notable year in the annals of history as we come as one to overcome this pandemic known as COVID-19. The full impact of this pandemic is yet to be seen in Australia and the world as we continue to be in lockdown.

Like all businesses the MC has also been required to adhere to the directions given to places of worship. The Gurdwara is now not in lock down and will be open between 9am & 5pm daily for Metha Tek only. Regular services & serving of any food including pershad is still prohibited. The MC has taken placed physical distancing markers. Sewadar Jagmohan Singh (Sunny) is caretaking the site in Bhai Manjot Singh's absence.

The MC, has also been hamstrung in this pandemic due to personal changes in work arrangements causing disruption in work-life balances and readjustment to the new "normal" resulting in challenges in engagement with our Sangat.

We were able to able to conduct live (audio only) streaming of the Vesakhi programme on Facebook. We now are able to successfully live

broadcast Rehraas Sahib Path, Kirtan and Hukamnama daily in the evenings (5.30pm-6.15pm). The MC is also looking into the live streaming our Sunday programme with different Jathas each Sunday. We are cognisant of the requirements imposed on places of worship and are adhering to these instructions.

I want to thank all who contributed to Bhai Manjot's treatment. A total of \$4,590 was raised and we can advise that he has had a successful surgery and has been discharged home to recover. He sends his thanks and appreciation to SSSA and the Adelaide Sangat who have assisted him through this difficult journey.

I would also like to thank all Sangat who logged in to the Vesakhi programme on Facebook as it has encouraged us to expand this service. We had an approximate 500 views for this programme.

The majority of the Gurdwara Sahib's maintenance activities have ceased to a halt due to the present threat of corona virus, majority of the maintenance services have also been put on hold. There are however, activities at advanced levels which are unable to be cancelled such as the pergola at Gurdwara Sahib's entrance which is now completed. We had great ambitions to inaugurate this

entrance with great pomp and show, and hope to still do this with Waheguru's grace, in the months ahead once we are over this pandemic.

There is painting work required to some external wooden cladding that is falling apart due to weathering. We may still have to do this but with reduced scope, to contain costs, so there is no further damage to the building. General upkeep of the Gurdwara still needs to be maintained to preserve the landscape and the beautiful heritage building that we are privileged to have.

In view of the current environment, I would like to highlight a challenge the Society is facing - cash-flow. The inability to have programme's eliminates the opportunity for Sangat to financially support the management of the Building. Whilst we have applied to have our loan suspended till business as usual practices resume we are still continuing with maintenance works and upgrades where permitted.

I wish you all to stay safe and continue to follow the instructions of the State and Federal governments and together as community and Australian overcome this

S. Balwant Singh

## Punjabi School

The Punjabi School has been running classes and homework remotely since mid-March 2020 due to COVID-19 restrictions and safety requirements. This remote work has been very well supported by parents and students.

Currently the School has resumed classes from Sunday 3 May 2020 which will be run remotely. The School is working on various methods to keep delivering the classes on Sunday's remotely and full details are being supplied to parents and students.

The School is **still taking new enrolments** and parents can contact Amardeep Singh (m: 0405-760-168 or email [psadelaide@gmail.com](mailto:psadelaide@gmail.com)) for further details.

## Gurmat Camp (7<sup>th</sup> & 8<sup>th</sup> March 2020)

The Punjabi School in conjunction with Akal Fauj ran a Gurmat Camp on 7-8 March 2020 and this was very well attended with children actively participating in Sikh Gurmat activities. Thank you to Akal Fauj instructors and all the Sewadaars and parents for assisting with Langgar and other tasks to arrange and manage the Camp.



## Sikh Websites

The below are some sites that you may wish to view for personal education. Please note that The Sikh Society of South Australia does not support any views of the owners of these sites.

Veer Manpreet Singh

<https://www.facebook.com/TuhiTuhi/videos/275903433433877/?vh=e&d=n>

Nanak Naam

<https://www.youtube.com/channel/UCevfxDIvmjSkE9KIwlf6-MQ>

Basics of Sikhi

<https://www.youtube.com/user/basicsofsikhi>

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## Subscriptions

The end of the financial year is round the corner and the Treasurer would like to remind all members that there are yet significant number of members who have not paid their subscriptions. As per the constitution, you are required to be a financial member by 30<sup>th</sup> June 2020 if you intend to stand for any position on the MC / GC or have intentions to nominate or second any member to any of the positions on the MC/GC. Furthermore you may also not be able to vote on any issues at the AGM if you are not financial by 30<sup>th</sup> June 2020.

Please contact the Treasurer to check if you are financial and you can make direct payments into the SSSA account or send a cheque to the Society address.

Our banking details are:

**Sikh Society of SA,  
National Australia Bank  
BSB No. 085 070  
Account No. 50512 2767**

You may also help the financial situation of the Society by becoming an individual Life Member and pay the subscription amount of \$500.00. The MC wishes to thank those members, who in the last couple of weeks have converted their membership to individual Life memberships. The Society thanks and welcomes the new Life members and would encourage others to do the same.

## Kitchen and Langgar

In preparation of the Gurdwara resuming to its normal services, the MC has deliberated on a proposal to maintain consistency, standardised food flow and ease in the preparation of simple langgar. This will make the process as smooth as possible and assist the Society to maintain the store in an orderly fashion, avoid accumulation of excess items and reduce the burden / assist the families sponsoring the langgar. The proposal is outlined below and Members and Sangat will be encouraged to adhere to the process. You are welcome to provide suggestions or constructive feedback on how this can be implemented.

- *Langgar will be simple – 1 dhal, 1 vegetable, yoghurt, salad, rice, roti and kheer. Only these items will be prepared in the kitchen. The sponsoring family can bring in other desserts from outside if they so desire.*
  - *The sponsoring family will pay the Kitchen committee \$450 for programs held on Wed, Fri and Sat and \$750 for program held on Sunday.*
  - *The Kitchen Committee will hold discussions with the sponsoring family on their preference of dhal and vegetables, with extra costs for including expensive items eg paneer.*
  - *The Kitchen Committee will organise for the purchase of the items required and at least 1 member of the Kitchen Committee will be present to take overall responsibility at every program and to assist the family sponsoring the langgar.*
  - *Family sponsoring the langgar will be expected to assist with the sewa of preparing the langgar, cleaning up, etc.*
  - *Breakfast will be kept simple with biscuits or dry savouries and will be served until 10:30 am only with no fresh tea made after 11:30*
  - *Langgar will be open from 10:30 – 2.00*
  - *Sakarpareh, matris or other dry savouries can only be cooked for the sole purpose of serving it in the Gurdwara, and should be done in liaison with the Kitchen Committee on a non-program day to avoid clashes with langgar preparation.*
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## Message from the Hon. Jing Lee MLC

A big thank you to the community for their role to enable South Australia to manage the coronavirus pandemic better than most places. We pay tribute to our amazing health heroes and frontline workers at SA Health, SAPOL and SA Pathology. We must do everything we can to help support the mental, physical, and social wellbeing of every South Australian. With this commitment in mind, the South Australian Marshall Government has launched a ground-breaking holistic wellbeing strategy called "Open Your World." You are encouraged to take a closer look at the "Open Your World" website <https://openyourworld.sa.gov.au/> which is a one-stop shop for how to improve yours and your family's wellbeing with a range of resources on how to cope with the challenges of the COVID-19 coronavirus pandemic; explore new ideas and experiences; and connect with people in your local communities and neighbourhoods. It also has valuable tips on activities that can strengthen your well-being and social connections which include enjoying nature and the outdoors, staying fit and active, online learning and skill development as well as interactive arts projects and festivals. By working together, we will emerge to be a stronger and more united community post COVID-19. We are all proud South Australians and we share a vision of hope to build a positive future for South Australia.

## Annual General Meeting (AGM)

The MC is continuing to plan to hold the **AGM** on the last Saturday of August 2020, being **29<sup>th</sup> August 2020**. Please consider this as notice for the AGM unless otherwise advised by the MC which will be in accordance with any future COVID-19 instructions.

According to the Constitution, members must pay their subscriptions by the end of June. Members who have not paid their subscriptions are reminded to do so, as soon as possible. You have to be a financial member by 30<sup>th</sup> June 2020 if you intend to stand for any position on the MC / GC or intend to nominate or second any member to any of the positions on the MC/GC.



## Stage 1 COVID-19 ease of restrictions and the Gurdwara

The Prime Minister and Premier recently announced Australia's recovery plan from Covid-19. The South Australian website <https://www.covid-19.sa.gov.au/recovery> outlines the plans for the easing of restrictions in SA. Thus, in accordance with the SA Roadmap for Easing COVID-19 restrictions and the Places of Worship Step 1 Fact Sheet, the MC has decided on the following steps to comply with the requirements:

- Gurdwara will be open between 9am – 5 pm daily, for **Metha Tek only**. Regular services are still prohibited and there will be no serving of parshaad or Langgar at this time.
- There will be markings of 1.5m in the Darbar Sahib to help visitors observe and encourage social distancing
- No more than 10 people should be on the premises at any given time.
- Sheets will be placed in front of GGS for Metha Tek to help reduce contamination and these will be sanitised regularly and replaced at midday and at the end of day.
- Toilets will be locked and only the Disability toilet will remain open to minimise contact and ease of cleanliness.
- All visitors to wash and sanitise their hands upon arrival at and departure from the Gurdwara.
- All visitors to complete the Contact Tracing information – date, name, phone and times arrived & left

## Resources– COVID-19

Members can access Punjabi language COVID19 updates using the following link: <https://www.sbs.com.au/language/punjabi/coronavirus-updates>

Australian Citizenship - the Minister announced that the Government will hold online Citizenship ceremonies via secure video link, to enable people to continue to become Australian citizens during the coronavirus crisis. <https://minister.homeaffairs.gov.au/davidcoleman/Pages/statement-on-australian-citizenship-processing.aspx>

SA Health are also using Webex for TeleHealth, where at risk or vulnerable people can access health services (Doctors' appointments) online.

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/health+services/telehealth/video+conferencing+with+cisco+spark>

As more and more people use online services and chat rooms, please remember to be careful. There has been an increase in scams or hackers getting in to chats that are not secure. This will be important especially as children will be online for school. We will circulate information or safety tips as they are released. Get updated information on <https://www.staysmartonline.gov.au/>

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